

Nutrition Facts

4 servings per container

Serving size 1 servings

Amount Per Serving

Calories 490

% Daily Value*

Total Fat 27g 35%

Saturated Fat 0g 0%

Trans Fat 0g

Sodium 310mg 13%

Total Carbohydrate 0g 0%

Dietary Fiber 8g 30%

Total Sugars 10g

Includes 0g Added Sugars 0%

Protein 12g 23%

Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.